

Polio Perspective

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Courtesy of International Post Polio Task Force

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ANNOUNCING "AN IDEAL POST POLIO SYNDROME TREATMENT!"

By Dr. Richard Bruno

After studying and treating polio survivors and PPS for 34 years, I thought nothing from the world of "herbs and spices medicine" would shock me. THIS shocked me, not because of the ridiculous claim that Polpeton "is an ideal Post Polio Syndrome Treatment" but because of the outright lies and misinformation about PPS in the ad:

"There are a number of symptoms that come along with the onset of Post Polio Syndrome. A lot of these have been listed below for reference:

- > Neural fatigue when poliovirus attacks specific neurons
- > Malaise
- > Headaches and slight fever
- > Red and sore throat
- > Nausea
- > Diarrhea
- > Muscle stiffness and body spasms
- > Neck stiffness accompanied with pain in front part of the neck
- > Pain or stiffness of the abdomen
- > Skin rash or lesion with pain
- > Abnormal sensations
- > Difficulty urinating

- > Drooling
- > Muscle weakness that is only on one side or worse on one side
- > Sensitivity to touch

(HOW MANY OF YOU "DROOL?" Hold up your bibs.)

"The syndrome is known to cause progressive joint and muscle weakening."

(NOT PROGRESSIVE IF POLIO SURVIVORS "CONSERVE TO PRESERVE.")

"Individuals those were greatly affected by the previous illness, polio have more tendencies to develop intense signs of post polio syndrome."

(NO, THOSE WHO WERE SEVERELY PARALYZED AND THEN RECOVERED SIGNIFICANTLY ARE AT GREATER RISK FOR PPS.)

"The causes of Post Polio Syndrome typically include the following:

- > Poliovirus infection
- > Direct contact with affected individuals
- > Contact with infected mucous
- > Contact with infected feces"

(SO POLIO SURVIVORS TRANSMIT PPS BY "DIRECT CONTACT" WITH OTHERS? I AM OUTTA HERE!)

"...difficulty to talk is another sign of post polio syndrome."

(NEVER MET A POLIO SURVIVOR WITH DIFFICULTY TO TALK!)

"In addition, post polio syndrome can source abnormal contractions of muscles in small parts of the muscles. On a whole, progressive disability can result in social isolation."

(SO ALL POLIO SURVIVORS ARE TRAPPED IN THEIR HOMES WITHOUT VISITORS, PHONE OR INTERNET BECAUSE OF "PROGRESSIVE DISABILITY AND ABNORMAL CONTRACTIONS IN SMALL PARTS OF THE MUSCLES?")

"Post polio syndrome diagnosis is based upon the medical history of the patient, symptoms and lab tests."

(THERE ARE NO LAB TESTS TO DIAGNOSIS PPS.)

"Unfortunately, post polio syndrome prognosis is relatively poor as generally, it worsens gradually."

(PROGNOSIS IS RELATIVELY GOOD IN GENERAL AND PPS SYMPTOMS DO NOT HAVE TO WORSEN.)

"Individuals (with the history of polio) can do nothing for Post Polio Syndrome Prevention."

(DO NOTHING? SEE "CONSERVE TO PRESERVE" ABOVE.)

"Polpeton, an herbal supplement offered by Herbs Solutions by Nature has proved to treat innumerable people with post polio syndrome effectively."

(DON'T TELL ME POLPETON "HAS PROVED TO TREAT INNUMERABLE PEOPLE WITH POST POLIO SYNDROME EFFECTIVELY." SHOW ME THE DAMN DATA!)

"Prepared using some rare, beneficial herbs, the tablet does not contain any artificial chemicals, thus,

causes no side effects in the future."

(SO HERBS NEVER CAUSE SIDE EFFECTS? DIGITALIS, ANYONE?)

"Regular use of Polpeton may help greatly with the symptoms of post polio syndrome, such as constipation, fatigue, headaches, depression, muscle stiffness etc. Besides, it will help in decreasing abdomen bloating and control bowel movements. All in all, this herbal medicine is an ideal Post Polio Syndrome Treatment."

(DOES IT ALSO MAKES YOUR CLOTHES WHITER THAN WHITE?)

How stupid do these people think we are?

Ah, what the Hell. Polpeton is only \$120 a bottle, or \$1 per pill. I'm sure you have the extra cash to buy the "ideal treatment" for your "slight fever, red and sore throat, skin rash or lesion with pain, abnormal sensations" and especially your "drooling."

<http://www.herbs-solutions-by-nature.com/Post-Polio-Syndrom...>

THE POLIO VIRUSES LIVE ON AND ON . . .
INTERNATIONAL POST-POLIO TASK FORCE
International Centre for Post-Polio Education and Research
PostPoliInfo.com

I thought I'd repeat this 2009 release about a US man with a WEAKENED IMMUNE SYSTEM who died when he was infected by an unknown person who had been shedding the ORAL vaccine strain of poliovirus for at least nine years.

POLIO KILLS IN THE U.S.

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Minnesota Death Gives "Nipp It Year" New Emphasis

TUESDAY APRIL 14, 2009: THE ASSOCIATED PRESS TODAY REPORTED THE DEATH OF A PERSON INFECTED WITH THE LIVE POLIOVIRUS USED IN THE ORAL VACCINE THAT WAS DISCONTINUED IN THE U.S. NINE YEARS AGO.

The health department says the patient died with polio symptoms, but it's not known to what extent polio contributed to the death. The patient also had a WEAKENED IMMUNE SYSTEM and multiple health problems. THE MINNESOTA DEPARTMENT OF HEALTH SAYS THE PATIENT MOST LIKELY BECAME INFECTED FROM SOMEONE WHO HAD RECEIVED THE LIVE-VIRUS VACCINE BEFORE ITS USE WAS STOPPED IN 2000.

"For reasons we don't understand, the live poliovirus remained inside this person for fifteen years, mutated and became virulent, then contributed to the person's death," said Dr. Richard Bruno, chairperson of the International Post-Polio Task Force. "This death is the latest sad reminder that polio may be forgotten in the U.S., but that it is far from gone."

ALARMING DROPS IN POLIO VACCINATION IN US BORDER STATES AND PORTS OF ENTRY

Unfortunately, rates of polio vaccination have decreased in the US in spite of six other U.S. polio cases since 2005 --five of them in Minnesota, where a woman with a weakened immune system harbored the poliovirus for years and infected her own children --and in spite of polio breaking free of vaccination efforts last month in Africa, with Kenya and Uganda reporting their first polio cases and deaths in twenty years.

“The latest Centers for Disease Control data show drops in polio vaccination in twenty states and in ten large U.S. cities,” said Dr. Bruno, who is also director of the International Centre for Polio Education. The CDC estimates that more than one million U.S. toddlers are unvaccinated. “Even Minnesota has had a decrease in polio vaccination, which is obviously disturbing,” said Dr. Bruno. “It is frightening that states with the largest drops lie next to Mexico and Canada, across whose borders the poliovirus is believed to have been imported into the U.S. since 1997.” Seventy percent of the states that border Canada had drops in polio vaccination as did Arizona, Texas and New Mexico.

CITY CHILDREN HAVE LOWEST POLIO VACCINATION RATES

Dr. Bruno is also concerned about cities that are major points of entry into the U.S. --New York, Philadelphia, Houston and Seattle --where drops in polio vaccination were also reported. “Toddlers living in poverty have the lowest polio vaccination rates--below 87% in Boston, Indianapolis, Memphis and Phoenix, and below 85% in Detroit, Houston and Seattle --rates lower than in Western Pacific countries that include Cambodia, Mongolia and Vietnam,” said Dr. Bruno. “I’m worried that those who recently had polio in the US are canaries in the mine shaft.”

"NIPP IT YEAR" UNDERSCORED BY MINNESOTA DEATH

The International Post-Polio Task Force proclaimed 2008 -2009 “National Immunization for Polio Prevention in Infants and Toddlers --or ‘NIPP IT’ --YEAR,” to prompt parents, healthcare professionals and state health officials to ensure that all American children receive four doses of the injectable, inactivated polio vaccine by age two. “‘NIPP IT YEAR’ is intended to raise awareness of the need for polio vaccination, to stop state legislatures from allowing parents to refuse vaccinations for their children because of a “philosophical objection” to vaccines, and hopefully ‘nip’ America’s next polio epidemic in the bud,” said Dr. Bruno. “The polio vaccine has been a victim of its own success. Young parents do not vaccinate because they have not experienced the devastation, death and disability caused by diseases vaccines eliminated.” Nor are people unaware that polio remains a scourge transportable from Africa, Pakistan and Afghanistan. “With the ease of air travel, what will happen when a polio-infected individual lands in one of America's potential polio pockets, like New York City, and passes poliovirus to the estimated 24,000 infants and toddlers in that city who are not immunized?” asked Dr. Bruno “We must do more to vaccinate America's children against this deadly and disabling disease. America's next polio epidemic could be just a car or plane ride away.”

(Revised.

9/2015)

Service Dog?

By Millie Malone Lill

Fiona is a Wonder Dog. I often wonder what she is good for. Recently, she and I had the following conversation. (Yes, she speaks to me, doesn't your dog speak to you?)

Me: You know, I just saw a demonstration of a service dog at the Nebraska Polio Survivor Association meeting. Zeus, the spokesdog, was an enormous help to his human. I think I told you about him.

Fiona: So?

Me: Well, I just thought maybe you'd like to be a service dog like Zeus and help me out a little bit.

Fiona: You are kidding, right? For one thing, Zeus weighs 95 lbs. I weigh 11. Also Zeus is fairly

young while I am skidding right into 10 years old. Have you ever heard that you can't teach an old dog new tricks?

Me: Since when have you ever admitted to being an old dog? You still play like a puppy.

Fiona: Shut up.

Me: You can fetch your toys when you want to play, so why could you not learn to pick up my keys when I drop them or bring me my slippers at least. Any dog can do that trick!

Fiona: Are you kidding me? I am not household help. I do not work for Home Health. I am strictly ornamental!

Me: There is no rule that you cannot be both ornamental and useful!

Fiona: Well, if there isn't such a rule, there surely should be. And what is your function, since you are neither one?

Me: Hey, don't be sassy. I am plenty useful. Who feeds you, cleans up after you, takes you for walks and lets you shed all over her lap?

Fiona: Point taken. OK, what do you want me to do to help you?

Me: Hmm. Zeus can open doors, can you do that?

Fiona: Seriously? Look at me, I'm only about 10" tall. Zeus comes up to your waist.

Me: I'd put a rope on it that you could pull. Also, back to the slipper thing, you could carry them, even if only one at a time.

Fiona: I wish I knew how to roll my eyes. This would be a good time for that. OK, let's try it. I mean the door thing. Your slippers are all mixed in with your shoes and it gives me a headache to even try to pick them out of that mess on your closet floor.

Me: As long as you are willing to try. Let's see if you can pick up my car keys. **drops them on the floor**

Fiona: These things? They taste awful and they don't even squeak. No, that's not gonna happen. I'll just hide these nasty things in the couch cushions.

Me: You are not very cooperative. What good are you?

Fiona: What good am I? I am highly ornamental, as I've mentioned before, plus I remind you when it's time to take me on your lap and go get the mail. I help you take naps. I keep you from oversleeping in the mornings. I tell you when it is time to get off the computer and go sit in that comfy chair that makes your back feel better. When we go out for walks, I introduce you to people who stop to tell you how pretty I am. I make sure that children do not get too close to you and I warn you when there are other animals, like squirrels, cats, other dogs visible from your lap or the window. I point out to you that the woman across the way has opened her blinds again and I let you know when there are people

walking in the hall. And besides, no matter how goofy you look in the morning, no matter what kind of mood you are in, I never laugh at you. I love you no matter what and anyone will tell you that is not an easy job.

Now I need a nap from just telling you what all I do for you. Go sit in that comfy chair so I can squeeze beside you and get some rest.

The Web Corner

For anyone interested in folding power chairs:

<http://www.foldablewheelchairs.com/>

Center for Disability Rights

http://www.cdrnys.org/index.php?option=com_content&view=article&id=879:tdd-labor-pains&catid=17:blogs-recent

Why do we still use the Sabin polio vaccine:

<http://www.virology.ws/2015/09/10/why-do-we-still-use-sabin-poliovirus-vaccine/>

Five surprising foods to eat for strong bones

http://www.livestrong.com/article/1011456-5-surprising-foods-eat-strong-bones/?utm_source=newsletter&

New cases in Ukraine and Mali do not mean the vaccine is failing:

<http://theconversation.com/new-polio-cases-in-ukraine-and-mali-dont-mean-the-vaccine-is-failing-47264>

Who Cares What They Think (and why you don't have to fit in)

<http://www.positivelypositive.com/2015/09/09/who-cares-what-they-think-why-you-dont-need-to-fit-in/>

Someone cares. City Beach has Wheelchair Access

[City Beach has wheelchair access](#)

Study hints at wrinkle in polio eradication:

<http://vaccinenewsdaily.com/stories/510636295-study-hints-at-wrinkle-in-polio-eradication-effort>

Can a mineral help you age with grace?

<http://www.drweil.com/drw/u/TIP05679/Can-a-Mineral-Help-You-Age-with-Grace.html>

Science shows something interesting about people who love to write

<http://thepoetryroom.com/science-shows-something-surprising-about-people-who-love-to-write/>

A Little Bit of Humor

How to Clean Your Toilet the Fun Way

1. Put both lids of the toilet up and add 1/8 cup of pet shampoo to the water in the bowl.

2. Pick up the cat and soothe him while you carry him towards the bathroom.
3. In one smooth movement, put the cat in the toilet and close both lids. You may need to stand on the lid.
4. The cat will self agitate and make ample suds. Never mind the noises that come from the toilet, the cat is actually enjoying this.
5. Flush the toilet three or four times. This provides a "power wash" and "rinse".
6. Have someone open the front door of your home. Be sure that there are no people between the bathroom and the front door.
7. Stand behind the toilet as far as you can and quickly lift both lids.
8. The cat will rocket out of the toilet , streak through the bathroom and run outside where he will dry himself off.
9. Both the commode and the cat will be sparkling clean.

Sincerely,

The Dog